Risk Assessment: Chase Harriers Running Club

Run Risk:	Assessed by:	Location :	Review :
Visually Impaired	Paul Scullion	Cannock Chase Road Runs	3rd Dec 2025

What are the Hazards?	*Who might be harmed and how?*	*What are you already doing?*	*Risk Rating*	*What else can you do to control this risk?*	*Resultant Risk Rating*	*Action by whom*	*Target date*	*Complete*
***Running surface**:* *Uneven surface* *Broken surface* *Surface covering (leaf fall, litter)* *Water / ice*	*Any runner* *Increased risk for those with visual impairment*	*-Known hazards are announced at the start of the run with advice to mitigate risk – detours etc* *-Weather forecast is checked for conditions that may present increased risk – rain, snow, low temperatures* *-Advise the use of headtorches in poorly-lit areas* *-Advise the use of bright / reflective clothing to make yourself known to others* *-VI Runners must run with qualified guide runner – who is also made aware of potential issues*	*M*	*-Make other runners aware of presence of VI runner and guide runner* *-Choose running route based on underfoot conditions* *Increase number of VI guide runners*	L	*-H&S lead in conjunction with committee* *-Run leaders* *-Health and Safety policy to be reviewed on a yearly basis.*		
***Running route**:* *Uncontrolled junctions* *Road crossings* *Streetlights* *Parked cars (partially on footpath or blocking junctions)*	*Any runner* *Increased risk for those with visual impairment*	*Known hazards are announced at the start of the run with advice to mitigate risk – detours etc* *Advise the use of headtorches in poorly-lit areas* *-Advise the use of bright / reflective clothing to make yourself known to others* *-VI Runners must run with qualified guide runner – who is also made aware of potential issues*	M	*Make other runners aware of presence of VI runner and guide runner* *-Choose running route based on underfoot conditions* *Increase number of VI guide runners*	L	*-H&S lead in conjunction with committee* *-Run leaders* *-Health and Safety policy to be reviewed on a yearly basis.*		